































Gratitude Conversation Starters

Cut strips, fold, and place in a bowl or jar. Choose one strip at dinner and take turns answering the question.

 How many times do you think you said, "thank you" today?	 What challenges do I have or have had that I am thankful for? What have I learned from them?
 Tell the person to your right, one thing you are thankful/grateful for about them.	 Tell the person to your left, one thing you are thankful/grateful for about them.
 What wonderful thing happened in your life today?	 What is different today from a year ago that I am thankful for?
 What abilities do I have that I'm grateful for?	 Who do I appreciate?
 What have others in my life done that I am thankful for?	 Who did you thank today?
 Who can you write a thank you note to?	 Name a food you are thankful for.
 What invention are you thankful for?	 Three things I'm thankful for today are...
 Name a place on earth you are grateful for.	 Name something in nature you are thankful for.
 What book are you most thankful for?	 What color are you most grateful for?
 Who said, "Thank you." to you today? How did that make you feel?	 Name someone in your life who has done something nice for you.
 Which of the five senses – taste, touch, smell, sight, or hearing are you most grateful for?	 What toy are you thankful for?
 Name an animal you are thankful for.	 What subject in school are you most thankful for? Why?
 Name something that begins with the first letter of your name that you are thankful for.	 What is something you do with mom or dad that makes you happy?
 What is your favorite family tradition?	 What is your favorite thing to do as a family?
 What teacher has had the most impact on your life? Did you ever thank them?	 Why is it important to have gratitude and thank God for our blessings?

If you'd like a bit more decoration I also created a label for the jar. Print it, cut it out, roll up and slip inside a pint size jar. Unroll it pressing it up against the sides of the jar so you can see it. Then add the dinner conversation starters strips.

